

COVID-19 RETURN TO PLAY PRECAUTIONS & COURT ETIQUETTE

Players are reminded that the courts and amenities (nets, gate, etc.) are not sanitized and it is your responsibility to take the necessary steps to ensure your own health and safety. Players are urged to take extra precautions before, during and after their time on the court:

BEFORE YOU PLAY

- Play only with family members, persons living in your household ,or individuals considered to be low risk. Do **not** play if you or your playing partner:
 - ✓ are ill or exhibiting flu-like/coronavirus symptoms, (incl. fever, cough, difficulty breathing, etc.).
 - ✓ have been in contact with someone with COVID-19 in the last 14 days.
 - ✓ have travelled outside of Canada in the past 14 days.
 - ✓ are vulnerable or at risk (elderly, immunosuppressed or suffering serious health problems).
- Clean your equipment, including your racquets and water bottles prior to arriving at the court.

PREPARING TO PLAY

- Players should use sanitizer regularly while at the courts and avoid touching their face.
- Do not share equipment/racquets, water bottles, towels and other personal items.
- Consider wearing a mask or gloves while playing, while still avoiding touching your face.
- Cough or sneeze into a tissue/elbow, dispose of tissue; then wash/sanitize hands.
- Avoid touching door handles, gates, benches and all other objects where the virus could survive. If you touch something, make sure to sanitize your hands afterwards.
- Players may bring their own chairs to use while at the court, but must be removed at the end of play.

WHILE PLAYING

- There is a limit of 1 hour of play (if others are waiting) and players must leave immediately after play is finished.
- Limit play to singles, or doubles if living in the same household; no group of 10 or more people; no spectators; and no social gatherings on the court, or in the park before/after games.
- Practice proper physical distancing with other players.
- Where possible, only one parent/guardian should accompany younger children.
- Avoid all physical contact, (eg. shaking hands/high fives) with other players.
- Avoid touching your face and use hand sanitizer often - between points and/or during changeovers is encouraged.
- Stay on your side of the court.
- It is recommended each player use their own can of balls, identifying your balls with a marker in order to differentiate from other players and only handle the balls that are yours.
- Use your racquet and/or your foot to pick up the balls or to send a ball to another player.
- Ball machines and other Oro-Medonte Tennis Club equipment is not available.

AFTER PLAYING

- Leave the court immediately after play is finished, taking all belongings with you.
- Clean or sanitize your hands prior to getting in your vehicle.
- Upon returning home, it is recommended to sanitize your equipment, washing your hands well after.

